

## Southwark Primary Menu 2020 – 21 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	The Incredible Burger <i>With Cajun Potato Wedges</i>	Chicken Tikka Masala <i>with Rice **</i>	Roast Beef <i>with Roast Potatoes and Gravy</i>	Beef Lasagne <i>with a Garlic &amp; Herb Bread Wedge **</i>	Golden Fish Fingers <i>and Chips</i>
<b>Alternative Dish</b>	Vege Balls In Tomato Sauce <i>with Pasta **</i>	Quorn Bolognese <i>with Pasta **</i>	Vegetable Pastry Slice <i>with Roast Potatoes and Gravy (pastry)</i>	Vegetable Supreme Pizza ** <i>With Cajun Potato Wedges</i>	Quorn Dippers <i>and Chips</i>
<b>Vegetables</b>	Peas Sweetcorn	Green Beans Carrots	Parsnips Peas	Sweetcorn Broccoli	Peas Baked Beans
<b>Salad Bar</b>	'Salad of the Day', Tomato, Cucumber, Lettuce, Carrot	'Salad of the Day', Tomato, Cucumber, Lettuce, Sweetcorn	'Salad of the Day', Tomato, Cucumber, Lettuce, Peppers	'Salad of the Day', Tomato, Cucumber, Lettuce, Carrot	'Salad of the Day', Tomato, Cucumber, Lettuce, Sweetcorn
<b>Desserts</b>	Apple Cake* <i>with Fruit Slices</i>	Yoghurt & Fresh Fruit Salad*	Yoghurt & Fresh Fruit Salad*	Yoghurt & Fresh Fruit Salad*	Cheese & Biscuits <i>with Grapes &amp; Apples</i>
	Yoghurt & Fresh Fruit Slices*				Yoghurt & Fresh Fruit Slices*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

