

Southwark Primary Menu 2020 – 21 Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vege Balls In Tomato Sauce <i>with Pasta</i> **	BBQ Chicken <i>with Rice</i> **	Roasted Chicken <i>with Roast Potatoes and Gravy</i>	Beef Bolognese <i>with Pasta</i> **	Golden Fish Fingers <i>and Chips</i>
Alternative Dish	Soft Taco <i>and Cajun Potato Wedges</i>	Vegetable Lasagne <i>with a Garlic & Herb Bread Wedge</i> **	Vegetarian Sausages <i>with Roast Potatoes and Gravy</i>	Chinese Veggie Noodles	Baked Macaroni Cheese
		Jacket Potato <i>with Salmon Mayo Topper</i> ***			
Vegetables	Sweetcorn Broccoli and Cauliflower Medley	Carrots Broccoli	Peas Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Salad Bar	'Salad of the Day', Tomato, Cucumber, Lettuce, Carrot	'Salad of the Day', Tomato, Cucumber, Lettuce, Sweetcorn	'Salad of the Day', Tomato, Cucumber, Lettuce, Peppers	'Salad of the Day', Tomato, Cucumber, Lettuce, Carrot	'Salad of the Day', Tomato, Cucumber, Lettuce, Sweetcorn
Desserts	Chocolate Slice* <i>with Fruit Slices</i>	Yoghurt & Fresh Fruit Salad*	Yoghurt & Fresh Fruit Salad*	Yoghurt & Fresh Fruit Salad*	Cheese & Biscuits <i>with Grapes & Apples</i>
	Yoghurt & Fresh Fruit Slices*				Yoghurt & Fresh Fruit Slices*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

