

## Week one

22/04 13/05 10/06 01/07 22/07 02/09 23/09 10/10

**Choose a main meal...**  
Vegetable Bolognese Pasta  
Chinese Style Veggie Rice  
Schools Choice\* Y

**on the side...**  
Broccoli & Cauliflower  
Coleslaw

**for dessert...**  
Apple Oaty Flapjack & Fruit Slices  
Yoghurt & Fresh Fruit

**Choose a main meal...**  
BBQ Beef Meatballs with Rice  
Tomato & Mozzarella Pizza with Jacket Wedges Y  
Schools Choice\*

**on the side...**  
Green Beans & Sweetcorn  
Potato Salad

**for dessert...**  
Strawberry Swirl Sponge with Custard  
Yoghurt & Fresh Fruit Salad

**Choose a main meal...**  
Roast Chicken with Roast Potatoes & Gravy  
Quorn Roast with Roast Potatoes & Gravy Y  
Schools Choice\*

**on the side...**  
Carrots & Cabbage  
Pasta Salad

**for dessert...**  
Mango Frozen Yoghurt with Fruit Slices  
Yoghurt & Fruit Slices

**Choose a main meal...**  
Jerk Chicken with Rice  
Vegetable Lasagne & Garlic Bread Wedge Y  
Schools Choice\*

**on the side...**  
Broccoli & Mixed Vegetables  
Bean Salad

**for dessert...**  
Brownie Cake with Cream  
Yoghurt & Fruit Salad

**Choose a main meal...**  
Salmon Fish Fingers with Chips  
Veggie Hotdog with Chips  
Schools Choice\*

**on the side...**  
Peas & Baked Beans  
Apple Slaw

**for dessert...**  
Peach & Berry Chill  
Yoghurt & Fruit Slices

## Week two

29/04 20/05 17/06 08/07 09/09 30/09

**Choose a main meal...**  
Quorn Meatball Sub with Jacket Wedges Y  
Tomato & Basil Pasta Y  
Schools Choice\* Y

**on the side...**  
Sweetcorn & Peas  
Coleslaw

**for dessert...**  
Chocolate Sponge Cake with Custard  
Yoghurt & Fruit Bowl

**Choose a main meal...**  
Beef Bolognese Pasta  
Vegetarian Sausages with Mashed Potato Y  
Schools Choice\*

**on the side...**  
Green Beans & Cauliflower  
Potato Salad

**for dessert...**  
Apple & Carrot Traybake  
Yoghurt & Fruit Slices

**Choose a main meal...**  
Roast Turkey or Beef with Roast Potatoes & Gravy  
Shepherdess Pie & Gravy Y  
Schools Choice\*

**on the side...**  
Cabbage & Carrots  
Pasta Salad

**for dessert...**  
Vanilla Ice Cream with Fruit Slices  
Yoghurt & Fruit Slices

**Choose a main meal...**  
Chicken & Tomato Spicy Rice  
Veggie Noodles Y  
Schools Choice\*

**on the side...**  
Broccoli & Mixed Vegetables  
Bean Salad

**for dessert...**  
Pear Cake with Custard  
Yoghurt & Fruit Salad

**Choose a main meal...**  
Crispy Fish Fillet & Chips  
Macaroni Cheese Pasta Bake Y  
Schools Choice\*

**on the side...**  
Peas & Baked Beans  
Apple Slaw

**for dessert...**  
Oaty Biscuit & Fruit Slices  
Yoghurt & Fruit Slices

## Week three

06/05 03/06 24/06 15/07 16/09 07/10

**Choose a main meal...**  
BBQ Quorn Burger & Jacket Wedges Y  
Mild Chickpea & Potato Curry with Rice Y  
Schools Choice\* Y

**on the side...**  
Broccoli & Carrots  
Coleslaw

**for dessert...**  
Peach Slice with Fruit Slices  
Yoghurt & Fruit Slices

**Choose a main meal...**  
Beef Lasagne & Garlic Bread Wedge  
Vegetable Supreme Pizza & Jacket Wedges Y  
Schools Choice\*

**on the side...**  
Peas & Roast Vegetables  
Potato Salad

**for dessert...**  
Lemon Drizzle Cake & Fruit Slices  
Yoghurt & Fruit Salad

**Choose a main meal...**  
Roast Chicken with Roast Potatoes & Gravy  
Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy Y  
Schools Choice\*

**on the side...**  
Carrots & Cabbage  
Pasta Salad

**for dessert...**  
Strawberry Frozen Yoghurt & Fresh Fruit  
Yoghurt & Fruit Slices

**Choose a main meal...**  
Chicken & Vegetable Noodles  
Vegetarian Paella Y  
Schools Choice\*

**on the side...**  
Sweetcorn & Mixed Vegetables  
Bean Salad

**for dessert...**  
Apple Berry Crumble & Custard  
Yoghurt & Fruit Salad

**Choose a main meal...**  
Golden Cod Fish Fingers & Chips  
Crispy Quorn Nuggets & Chips Y  
Schools Choice\*

**on the side...**  
Baked Beans & Peas  
Apple Slaw

**for dessert...**  
Chocolate Shortbread & Fruit Slices  
Yoghurt & Fruit Slices

Monday

Tuesday

Wednesday


Thursday

Friday

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS



REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

All our bananas are FAIRTRADE



ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

FARM TO FORK We can trace every cut of meat back to the farms of origin

We only use Lion Quality British Eggs



WE SUPPORT 82 BRITISH DAIRY FARMS



Offered Daily: 5 Choice Salad Bar, Fresh Bread, Fresh Fruit, Yoghurt, Milk & Cool Water  
\*Schools Choice: Filled Jacket Potato, Extra Pasta Dish & Filled Sandwich/Roll (Subject to availability)  
Special diet provision & allergen information is available. Menu is subject to individual school changes.

